

## Tender Shepherd Preschool Parent Seminar

### About our guest presenters...

**Debra Ott, LPC, NCC**  
**The Relationship Harbor**

#### **Presentation Overview: Preparing Your Child For Kindergarten**

- Developmental Stages
  - What this stage looks like
  - The wide range of this stage and what contributes to accomplishing developmental tasks
  
- Parents Toolbox
  - Mindset
  - Reinforcing behavior
  - Modeling
  - Know your resources

#### **Bio**

Deb is a graduate of Geneva College (Communications), where she met the love of her life, Jared. They discovered a calling to ministry while dating and have been in church and para-church roles ever since. She has travelled nationally and internationally serving as a keynote speaker at hundreds of venues, conferences, retreats and special events. After 20 years working in non-profit ministry as a speaker and leadership developer, she decided to pursue a Master's degree in mental health counseling through Grace College. She wanted to be able to help people walk through the difficulties and challenges in their lives in a deeper way.

Deb brings an encouraging, grace- focused and faith-informed approach, showing people how their relationships can be all that they're meant to be. Positive, reasonable, and always honest, Deb is a mom of 2 kids. She is always in favor of naps and coffee, but not necessarily in that order. You can also find her enjoying the outdoors with her family, trying new recipes, or on a date with her husband.

To inquire about private counseling, please email [debraottcounseling@gmail.com](mailto:debraottcounseling@gmail.com).

**Becky Lipinski, PT, DPT**  
**Justabout Pediatric Therapy**

**Presentation Overview: Parenting with Clear, Loving Boundaries**

- Understanding self-regulation in ages 0-5 and co-regulation for caregivers
- Defining age-appropriate boundaries
- Review of communication skills of toddlers and young children
- Top 10 tips for increasing positive behaviors and decreasing negative behaviors

**Bio**

Becky received her B.S. in Athletic Training and subsequent Doctorate of Physical Therapy at Slippery Rock University. For the past 22 years, she has dedicated her career to a variety of pediatric settings including early intervention, hospital-based outpatient therapy, preschools, and school districts. Becky's passion is providing excellent clinical care while treating each child with kindness, love, and respect.

She opened her private practice, Justabout Pediatric Therapy, to embody these ideals. For the past 8 years, she has also provided community outreach to parent groups and educators, as she also has a drive to share the knowledge she has gained by working with hundreds of children. She recently began coaching parents of young children in their homes to facilitate global development through her role as The Baby Milestone Coach.

While Becky's career is very important to her, she gains most of her joy as a wife to her husband Brian and mother to her 3 girls: Zoe, Belle, and Bree. She spends her free time reading with them, watching them play softball and act in school theater, and caring for their 2 dogs and flock of chickens.